



North Carolina

<https://www.bmbt.org/index.html>

Contact Information

North Carolina Board of Massage and Bodywork Therapy

Mailing Address:

Post Office Box 2539

Raleigh, NC 27602

Location Address:

Wells Fargo Building

150 Fayetteville Street, Suite 1910

Raleigh, NC 27601

Telephone: 919-546-0050

Fax: 919-833-1059

E-mail: admin@bmbt.org Elizabeth Kirk, Administrative

E-mail: jlancaster@bmbt.org Julia Lancaster, Assistant Administrative Director

North Carolina licenses massage and bodywork under one license and includes Structural Integration under licensing requirements. Movement professions are exempt, such as Rolf Movement® Integration. It may be possible to petition for acceptance of the CESI.

Rules and Regulations

<https://www.bmbt.org/pages/DocumentCenter.html>

Statute

PDF version: <https://www.bmbt.org/downloads/Practice%20Act%20With%20Revisions%2007-08-3.pdf>

Online

version: http://www.ncleg.net/EnactedLegislation/Statutes/PDF/ByArticle/Chapter_90/Article_36.pdf

Article 36.

Massage and Bodywork Therapy Practice.

§ 90-622. Definitions.

The following definitions apply in this Article:

(3) Massage and bodywork therapy. – Systems of activity applied to the soft tissues of the human body for therapeutic, educational, or relaxation purposes. The application may include:

a. Pressure, friction, stroking, rocking, kneading, percussion, or passive or active stretching within the normal anatomical range of movement.

b. Complementary methods, including the external application of water, heat, cold, lubricants, and other topical preparations.

c. The use of mechanical devices that mimic or enhance actions that may possibly be done by the hands.

(5) Practice of massage and bodywork therapy. – The application of massage and bodywork therapy to any person for a fee or other consideration.

§ 90-623. License required.

(a) A person shall not practice or hold out himself or herself to others as a massage and bodywork therapist without first applying for and receiving from the Board a license to engage in that practice.

(b) A person holds out himself or herself to others as a massage and bodywork therapist when the person adopts or uses any title or description including "massage therapist", "bodywork therapist", "masseur", "masseuse", "massagist", "somatic practitioner", "body therapist", "structural integrator", or any derivation of those terms that implies this practice.

§ 90-624. Exemptions.

Nothing in this Article shall be construed to prohibit or affect:

(6) The practice of movement educators such as dance therapists or teachers, yoga teachers, personal trainers, martial arts instructors, movement repatterning practitioners, and other such professions.

§ 90-629. Requirements for licensure.

(5) Has passed a competency assessment examination that meets generally accepted psychometric principles and standards and is approved by the Board.

Rules

<https://www.bmbt.org/downloads/Rules%20and%20Regulations%20Revised%2010-2015.pdf>

Examination

SECTION .0100 - ORGANIZATION AND GENERAL PROVISIONS

.0102 DEFINITIONS

(2) Generally accepted psychometric principles and standards. -- Standards for Educational and Psychological Testing (1999, American Psychological Association, American Educational Research Association, National Council on Measurement in Education), and Principles of Fairness: An Examining Guide for Credentialing Boards (Revised 2002, Council on Licensure, Enforcement, and Regulation, National Organization for Competency Assurance) which are hereby incorporated by reference, including subsequent amendments and editions. Copies of the standards may be obtained from The American Psychological Association at 750 First Street, NE, Washington, DC 20002- 4242 or online at <http://www.apa.org/science/standards.html>.

.0201 APPLICATION AND SCOPE

(a) Each applicant for a license as a massage and bodywork therapist shall complete an application. The application shall include the following:

(14) examination agency (FSMTB, NCCAOM or NCBTMB, if applicable);

(15) exam taken (MBLEx, NCETMB, NCETM or ABTE, if applicable);

SECTION .0200 - APPLICATION FOR LICENSE

.0201 APPLICATION AND SCOPE

(b) This application shall be submitted to the Board and shall be accompanied by:

(6) Documentation that the applicant has achieved a passing score on a competency assessment examination administered by the Board or approved by the Board that meets generally accepted psychometric principles and standards;

Board Members

Meetings, Minutes, and Agendas

https://www.bmbt.org/pages/Board_Meetings.html

Meetings held at:

Wachovia Capitol Center
13th Floor Conference Room
150 Fayetteville Street
Raleigh, NC 27601