



## Illinois Department of Financial & Professional Regulation

<http://www.idfpr.com/profs/massagetherapy.asp>

### Contact Information

#### Springfield Office

320 West Washington Street, **3rd Floor**  
Springfield, Illinois 62786  
**Phone:** 217 785 - 0820  
**Toll Free:** 1-888-4REGUL8 (1-888-473-4858)  
**TTY:** 1-866-325-4949

#### Chicago Office

100 West Randolph, 9th Floor  
Chicago, Illinois 60601  
**Phone:** 312 814 - 4500  
**Toll Free:** 1-888-4REGUL8 (1-888-473-4858)  
**TTY:** 1-866-325-4949

To contact via email: <https://www.idfpr.com/PROFS/EMAIL/prfgrp01.asp>

**SI Practitioners from service marked practices such as Rolwing® are exempt**

#### Statute

<http://ilga.gov/legislation/ilcs/ilcs3.asp?ActID=2469&ChapAct=225%26nbsp%3BILCS%26nbsp%3B57%2F&ChapterID=24&ChapterName=PROFESSIONS+AND+OCCUPATIONS&ActName=Massage+Licensing+Act%2E>

#### Definition

<http://ilga.gov/legislation/ilcs/ilcs3.asp?ActID=2469&ChapAct=225%26nbsp%3BILCS%26nbsp%3B57%2F&ChapterID=24&ChapterName=PROFESSIONS+AND+OCCUPATIONS&ActName=Massage+Licensing+Act%2E>

(225 ILCS 57/10) Sec. 10. Definitions. As used in this Act:

"Massage" or "massage therapy" means a system of structured palpation or movement of the soft tissue of the body. The system may include, but is not limited to, techniques such as effleurage or stroking and gliding, petrissage or kneading, tapotement or percussion, friction, vibration, compression, and stretching activities as they pertain to massage therapy. These techniques may be applied by a licensed massage therapist with or without the aid of lubricants, salt or herbal preparations, hydromassage, thermal massage, or a massage device that mimics or enhances the actions possible by human hands. The purpose of the practice of massage, as licensed under this Act, is to enhance the general health and well-being of the mind and body of the recipient. "Massage" does not include the diagnosis of a specific pathology. "Massage" does not include those acts of physical therapy or therapeutic or corrective measures that are outside the scope of massage therapy practice as defined in this Section.

#### Exemption

Sec. 25. Exemptions.

(f) Practitioners of certain service marked bodywork approaches that do involve intentional soft tissue manipulation including but not limited to Rolwing, Trager Approach, Polarity Therapy, and

Orthobionomy, are exempt from this Act if they are approved by their governing body based on a minimum level of training, demonstration of competency, and adherence to ethical standards.

**Meeting, Agendas, and Minutes**

<http://www.idfpr.com/profs/Boards/Masst.asp>