



Arizona

<https://massagetherapy.az.gov>

Contact Information

Board of Massage Therapy

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Massage Therapy is defined broadly. There is no statutory or rule exemption specifically naming Structural Integration. However, new practitioners to the state should speak with current, long-term practitioners about an unconfirmed understanding that the board sees that SI is not massage.

Law and Regulation

<https://massagetherapy.az.gov/statutes-and-rules>

Statute

CHAPTER 42 MASSAGE THERAPY

ARTICLE 1. GENERAL PROVISIONS

32-4201. Definitions

In this chapter, unless the context otherwise requires:

3. "Bodywork therapy" means massage therapy.

5. "Massage therapy" means the following that are undertaken to increase wellness, relaxation, stress reduction, pain relief and postural improvement or provide general or specific therapeutic benefits:

(a) The manual application of compression, stretch, vibration or mobilization of the organs and tissues beneath the dermis, including the components of the musculoskeletal system, peripheral vessels of the circulatory system and fascia, when applied primarily to parts of the body other than the hands, feet and head.

(b) The manual application of compression, stretch, vibration or mobilization using the forearms, elbows, knees or feet or handheld mechanical or electrical devices.

(c) Any combination of range of motion, directed, assisted or passive movements of the joints.

(d) Hydrotherapy, including the therapeutic applications of water, heat, cold, wraps, essential oils, skin brushing, salt glows and similar applications of products to the skin.

Examination

32-4203. Board: powers and duties

A. The board shall:

1. Evaluate the qualifications of applicants for licensure.

2. Designate at least one national examination that it requires applicants to pass. The examination must be available to a graduating massage therapy or bodywork therapy student within ninety days before the student's expected graduation date. The board shall require that an examination be processed and the results returned to the board within thirty days after the examination is administered. If, within six months of the effective date of this amendment of this section, the testing agency administering the examination fails or is unable to comply with the requirements of this paragraph, the board shall designate another examination for applicants to pass.

Administrative Rules

TITLE 4. PROFESSIONS AND OCCUPATIONS
CHAPTER 15 BOARD OF MASSAGE THERAPY

Examination

An applicant for a regular license shall meet the requirements in A.R.S § 32-4222 (A) AND (B) before submitting an application packet that contains:

A. An application form that includes:

(i) Whether the applicant has passed the examination administered by the NCBTMB or FSTMB and if so, the name of the entity and date the examination was taken;

Board Members

<https://massagetherapy.az.gov/about>

Meetings, Agendas, and Minutes

<https://massagetherapy.az.gov/board-meetings>