



Alabama

<http://www.almtbd.state.al.us/default.aspx>

Contact Information

Alabama Board of Massage Therapy
2777 Zelda Road
Montgomery, AL 36106

Hours of Operation 8:30 a.m. to 4:30 p.m.
(Closed for Federal & State Holidays)

Fax: (334) 263-6115

Phone: (334) 420-7233 / (866) 873-4664

The definition of massage includes Structural Integration. The statute does not specify all exams which will be accepted and does allow for petition to take an “internationally” accredited exam. You could petition the Board to accept the CESI.

This statute was up for revision in early 2016, with HB 167, but stalled in committee. HB 167 removed SI from the definition of massage, but did not include it specifically in the exemption language, as it did other professions. Perhaps, Alabama practitioners could work with 167's sponsor, Rep. Mike Hill, and other interested professional organizations, to revise and resubmit the bill. (mhillcolum@aol.com, 334-242-7715)

Law and Regulations

<http://www.almtbd.state.al.us/law.aspx>

Code of Alabama - Title 34 Chapter 43

§ 34-43-3. Definitions.

For purposes of this chapter, the following terms shall have the following meanings:

(13) THERAPEUTIC MASSAGE AND RELATED TOUCH THERAPY MODALITIES. The mobilization of the soft tissue which may include skin, fascia, tendons, ligaments, and muscles, for the purpose of establishing and maintaining good physical condition. The term shall include effleurage, petrissage, tapotement, compression, vibration, stretching, heliotherapy, superficial hot and cold applications, topical applications, or other therapy which involves movement either by hand, forearm, elbow, or foot, for the purpose of therapeutic massage. Massage therapy may include the external application and use of herbal or chemical preparations and lubricants such as salts, powders, liquids, nonprescription creams, mechanical devices such as T-bars, thumpers, body support systems, heat lamps, hot and cold packs, salt glow, steam cabinet baths or hydrotherapy. The term includes any massage, movement therapy, massage

technology, myotherapy, massotherapy, oriental massage techniques, *structural integration*, or polarity therapy. The term shall not include laser therapy, microwave, injection therapy, manipulation of the joints, or any diagnosis or treatment of an illness that normally involves the practice of medicine, chiropractic, physical therapy, podiatry, nursing, occupational therapy, veterinary, acupuncture, osteopathy, orthopedics, hypnosis, or naturopathics.

Examinations

<http://www.almtbd.state.al.us/pdf/LAW/§%2034-43-10%20Massage%20therapist%20examination.pdf> (This link must be cut and pasted into the browser to return the correct page.)

Statute

§ 34-43-10. Massage therapist examination.

(a) In the event that a massage therapist's examination is required, it shall be conducted at the times and places and under the supervision determined by the board. The board shall notify each applicant of the time and place of the examination.

(b) The board may determine by rule the scope, form, and content of the examination, which shall consist of a written examination and a practical examination or oral interview. The examination shall adequately measure the knowledge of the applicant of the practice of massage therapy. Professional testing services may be utilized.

(c) An applicant shall successfully pass the examination in order to be eligible for licensure as a massage therapist. The board shall notify each applicant in writing of the results of the examination. Any applicant who fails to pass the examination may take the examination again upon application and payment of an additional examination fee. No applicant shall be allowed to take the examination more than twice in a two-year period.

(d) All examinations shall be conducted in a manner so that the applicants are known to the board by number until the examination is completed and the grade determined. A record of each examination shall be filed with the board office and available for inspection for a period of two years following the examination.

Rules

532-X-4.01 Examinations.

ALABAMA BOARD OF MASSAGE THERAPY, ADMINISTRATIVE, CHAPTER 532-X-4, EXAMINATION PROCESS, TABLE OF CONTENTS

(1) An applicant may request permission of the Board to be allowed to substitute another internationally accredited exam administered by an independent agency in lieu of the National Certification Exam for Therapeutic Massage and Bodywork. The request must accompany the application form and fee, and documentation should be attached which shows that the exam requested to be substituted is

internationally accredited, with a statement of the applicant giving the grounds upon which the applicant bases his or her request. The Board shall review the request and documentation, and will inform the applicant within a reasonable time of the Board's decision to grant or deny the substitution. The Board may request further information from the applicant or the independent agency administering the exam in order to render its decision.

Administrative

Code: http://www.almtbd.state.al.us/PDF/Rules/2014_MAS_Rules_Regulations.pdf

Board Members

<http://www.almtbd.state.al.us/board.aspx>

Board Meetings

<http://www.almtbd.state.al.us/calendar.aspx>

Meeting Minutes

<http://www.almtbd.state.al.us/minutes.aspx>