

Certification Board for Structural IntegrationSM

Recertification Policy

Effective October 1st, 2019

Revised April 7, 2019 by the CBSISM Board of Directors

Purpose of Recertification

The purpose of recertification is to ensure BCSIs^{cm} are maintaining competence in practice as they progress through their professional life. In keeping with the diversity of our profession and the creative people within it, many activities count towards recertification requirements.

Recertification Application Timing

In 2019, recertification applications will be available until December 31st. Thereafter, all BCSIs will recertify between August 1 and October 31 of odd-numbered years. Those who recertify in 2019 will recertify next in 2021. Those who are currently due to recertify in 2020, 2021, and 2022 will all recertify in 2021.

Recertification Requirements

CBSI recognizes two categories of classes and activities as Continuing Education (CE) hours: "SI-specific," and "Elective." Each recertification application must document a total of at least 24 CE hours, completed after the applicant's previous recertification, or after initial certification if it is the applicant's first recertification. Advanced SI training CE hours are an exception, and can be allocated over two consecutive recertification cycles. At least 12 CE hours on the application must be SI-specific. The remainder of the required 24 CE hours can be elective CE hours. The application for recertification must be completed online at the CBSI website. The \$100 application fee supports maintenance of the Certification Examination for Structural IntegrationSM (CESISM), and the operation and quality assurance of the entire certification program. A BCSI who does not meet recertification requirements on time will not have the right to use or display the BCSI certificate mark until the CESI has been retaken with a passing score. The CESI cannot be passed for recertification for more than two consecutive recertification cycles without specific approval from CBSISM.

SI-Specific CE Hours

CBSI recognizes SI-specific CE hours from the providers and activities listed below. **In-person and online formats are both acceptable.** Documentation of CE hours must be retained for three years, but submission of documentation is not required unless requested by CBSI.

Classes sponsored by IASI-recognized schools, or taught by IASI-approved providers

Up to 8 SI-specific CE hours per day for each hour spent in class.

Documentation: Classes must be taken for credit, and signed documentation showing instructor name, class name, student name, date of class, and class hours must be provided to the

student. Evidence of IASI provider approval for the class or sponsorship by the IASI-recognized school must be on the document.

Advanced training at IASI-recognized schools

Up to 8 SI-specific CE hours per day for each hour spent in class. These CE hours can be allocated over two consecutive recertification cycles.

Documentation: Classes must be taken for credit, and signed documentation showing instructor name, class name, student name, date of class, and class hours must be provided to the student. Evidence of sponsorship by the IASI-recognized school must be on the document.

Mentoring (one mentor and one mentee)

1 mentoring hour = 1 SI-specific CE hour for the mentor and 1 SI-specific CE hour for the mentee.

Mentor requirements: current BCSI and five years of full-time SI practice.

Documentation: copy of IASI Mentoring Form completed and signed by mentor and mentee.

SI teaching or assistant teaching in IASI-recognized schools or with IASI-approved providers

1 hour instruction time = 1 SI-specific CE hour.

Documentation: written explanation on recertification application, including class name, date of class, and class hours.

Presentation at SI symposiums or conferences

1 hour of presentation = 2 SI-specific CE hours.

Documentation: copy of Presenter Agreement.

SI study group

1 hour group meeting time = 1 SI-specific CE hour.

Documentation: copy of CBSI Study Group form signed by all group members.

SI publications

Published book: 24 SI-specific CE hours.

Peer-reviewed or professional journal article: 8 SI-specific CE hours.

Group publication in peer-reviewed journal: 4 SI-specific CE hours for each author.

Newspaper or online magazine article: 2 SI-specific CE hours.

Personal blog articles do not count for CE hours.

Documentation: for publication, a copy of the article; for book, a copy of the title page.

IASI- or CBSI-related volunteer work

1 hour of volunteer time = .5 (½) SI-specific CE hour.

A maximum of 12 CE hours from this category are allowed on the application.

Documentation: letter or certificate from an IASI or CBSI committee chair that verifies hours worked.

Elective CE hours

CBSI recognizes elective CE hours from many providers and activities. **In-person and online formats are both acceptable.** Classes must be taken for credit, and documentation showing instructor name, class name, student name, date of class, and class hours must be provided to students. Up to four hours of ethics classes can be counted as elective CE hours. If requested by CBSI, documentation of CE hours must be provided. See Recertification Policy Addendum A for further explanation.

Audit of Applications

Documentation of CE hours should be kept for three years. CBSI will randomly select ten percent of all applications for audit in November after recertification, and will ask the selected applicants for documentation. Failure to provide sufficient documentation will result in suspension of BCSI certification, and will require passing the CESI for reinstatement.

Individual Consideration for Extenuating Circumstances

CBSI recognizes that extenuating circumstances may adversely affect a practitioner's ability to meet recertification requirements. CBSI will review written requests for deadline extension and consideration of alternative CE hours on a case-by-case basis, as detailed in Recertification Policy Addendum B.

Examples

1) Since his last recertification, Kevin has taken an SI-specific Pelvic Algorithm class, a Barral Institute Visceral Manipulation class, and he has volunteered on a CBSI committee. On his recertification application he is able to list 13 SI-specific CE hours for the Pelvic Algorithm class, 13 elective CE hours for the Barral class, and 4 SI-specific CE hours for his volunteer time. His total is 30 CE hours and he has met the 12 SI-specific CE hour minimum.

2) Since her last recertification, Lynn has taken an online ethics class and an Upledger Craniosacral class. She also participated in an online study group. She has 4 elective CE hours from the ethics class, 13 elective CE hours from the Craniosacral class, and 8 SI-specific CE hours from the online study group. She has 25 CE hours total, but she has not yet met the 12 SI-specific CE hour minimum; she needs 4 more for her recertification application.

3) Since her last recertification, Tanya has taken a three day SI-specific class through an IASI-recognized school that met for 20 hours, and she has published an article in the IASI Yearbook. On her recertification application she will be able to list 20 SI-specific CE hours for her class and 8 SI-specific CE hours for her publication. She has met the minimum 12 SI-specific CE hours, as well as the required 24 CE hours total.

4) Since his last recertification, Corey has completed an advanced training at an IASI-recognized school. Corey lists 24 SI-specific CE hours on his recertification application,

thereby fulfilling requirements. He is also allowed to use 24 of the remaining SI-specific CE hours for his next recertification because they come from an advanced training.

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2019 Reinstatement Policy

Effective October 1 to December 31, 2019

Revised April 7, 2019 by the CBSISM Board of Directors

2019 Reinstatement

In 2019, CBSI will grant a limited reinstatement window from October 1 to December 31 for any lapsed certificants to apply for recertification. Reinstatement is being offered due to the difficulty of meeting past requirements and lack of timely communication regarding deadlines. Each reinstatement application must list at least 24 Continuing Education (CE) hours, as described in the Recertification Policy. All hours must have been completed in 2015 or later. The application for reinstatement can be accessed at the CBSI website. An application fee of \$100 is required.

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Recertification Policy Addendum A

Effective October 1st, 2019

Approved by the CBSISM Board of Directors on April 7th, 2019

Elective CE hours

Manual therapy classes that support increased competence in SI practice can be counted as elective CE hours, up to 8 per day for each hour spent in class. These classes must be designed for professionals, not the general public. Classes that are specifically oriented towards massage practice (Swedish/deep tissue, Thai massage, Reiki, energy work, etc.) can not be counted as elective CE hours. Neuromuscular and orthopedic classes that emphasize assessment and treatment may be accepted on a case-by-case basis; if you are unsure whether or not a class qualifies for elective CE hours, please check with CBSI before registering. Some options for elective CE hours include, but are not limited to, classes offered by:

- Advanced Trainings - <https://advanced-trainings.com>
- Dermoneuromodulation (DNM) - <http://www.dermoneuromodulation.com>
- International Alliance of Healthcare Educators (Barral, Upledger, etc.) - <https://www.iahe.com>
- International Spine and Pain Institute - <https://www.ispinstitute.com>
- Medbridge Education - <https://www.medbridgeeducation.com>
- Neurodynamic Solutions - <https://www.neurodynamicsolutions.com>

Training or continuing education geared toward somatic education professionals can be counted as elective CE hours, up to 8 per day for each hour spent in class. **These classes must be designed for somatic education professionals, not the general public.** Some options include, but are not limited to, classes offered by:

- American Society for the Alexander Technique - <https://www.amsatonline.org>
- Body Mind Centering - <https://www.bodymindcentering.com>
- Continuum Movement - <https://continuummovement.com>
- Feldenkrais Guild of North America - <https://www.feldenkraisguild.com>
- Hanna Somatics - <https://hannasomatics.com>
- Yoga Alliance - <https://www.yogaalliance.org>

If instructors want to provide SI-specific CE hours, they should apply for IASI approval of their class.

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Recertification Policy Addendum B

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Approved by the CBSISM Board of Directors on April 7th, 2019

Individual Consideration for Extenuating Circumstances

CBSI recognizes that extenuating circumstances may adversely affect a practitioner's ability to meet recertification requirements. CBSI will review written requests for deadline extension and consideration of alternative CE hours on a case-by-case basis. An additional fee of 25 USD is required for consideration.

Extenuating circumstances include, but are not limited to:

- unforeseen personal or family medical or other issues that make completion of requirements within the current cycle impossible.
- inability to access approved CE hours within the current cycle.

Any BCSI may receive individual consideration as long as the following criteria are met:

- CBSI must be notified by email a minimum of 30 days before the deadline for the certification cycle by the practitioner requesting either a deadline extension or an alternative determination of CE hours.
- The letter must include a description of the extenuating circumstances and reason(s) for the request.
- A complete record of all CE hours earned within the current certification cycle must be submitted with the request.
- When extra time is requested, a specific plan for completion of the requirements must be provided.
- To be considered, the record of alternative courses or experiences must detail the dates, hours, instructors (along with their credentials), and course descriptions.
- The explanation must describe how the courses or experiences directly relate to the practice of Structural Integration, and how the time investment is relevant to the practitioner's own professional development plan.

Two or more members of the CBSI Board will review each request and communicate a final determination to the requesting practitioner. If an exception and/or extension is granted, a new certificate will be issued when all requirements are met and fees are paid. When extra time is allotted for completion of requirements, CE hours obtained during that period will only be applied to the retroactive certification period and not toward the current cycle, unless hours earned exceed those required for the extension.

If CBSI denies the request, CBSI will communicate in writing to the practitioner, including an explanation for the denial. Adverse determinations may be appealed by writing to the entire CBSI Board of Directors. The decision of the CBSI Board is final and absolute.